

Alzheimer Society

Becoming Dementia Friendly: Checklist for a physical environment

This aids in evaluating a physical environment to improve accessibility for people with dementia

- Signs are clear and simple in large print placed at eye level
- Signs have graphics for essential information at key decision points
- Entrances to building are clearly visible and obvious
- Entrances are well-lit
- Adequate lighting all throughout the building
- Flat, wide and unobstructed sidewalks and aisles
- Background music is at a lower level
- Clearly marked accessible washrooms in public spaces
- Comfortable and available areas for rest both in building and outdoors
- Landmarks and signage available to aid wayfinding
- Quiet space available
- Mirror location is considered-*Some people living with dementia will not recognize their own reflection and this can be distressing*
- Consider removing unnecessary mats (i.e. black mats can be perceived as a large hole and people living with dementia may not want to step over them)